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Lydia Maria Francis Child : The American Frugal Housewife: By Lydia Maria Francis Child - Illustrated
before purchasing it in order to gage whether or not it would be worth my time, and all praised The American Frugal Housewife: By Lydia Maria Francis Child - Illustrated:

8 of 8 people found the following review helpful. Offers some thought-provoking lessons on frugality that translate into the modern world.By TheresaI am researching for my own personal interest the methods and manner in which previous generations lived, cooked, and survived. This book also has a particularly compelling philosophical bent, meaning, don't waste anything, your resources are precious, and don't feel bad about being a person who is very careful with their resources (time/money/food/supplies). I think this manner of thought deserves a resurgence. I am on a personal mission to be more frugal and thoughtful with my own resources and this book was an interesting historical perspective and offers some thought-provoking lessons on frugality that translate into the modern world.4 of 4 people found the following review helpful. An old but still applicable bookBy Dody MitchellThis book was made in the 19th century. I expected it to be very difficult to read, but it wasn't. The English grammar is not so different, nor the spellings, than today. It was pleasant to read in fact. It is roughly one part frugal story book and one part cook or recipe book. (Half and half) The frugal story book parts, found at the beginning and the end, are still applicable 150 years later. She teaches using stories to engage the reader.The cook/recipe parts were a little more difficult to apply to modern life for the typical American housewife. Luckily, I am not! I learned quite a bit about how to best use my wood stove, saving goose drippings, making gravy which I never knew how to do before, saving food (for historical perspective, I would not save my meat in brine now days as I have a fine freezer, but it comes in handy if you don't have electricity I imagine), how long eggs keep without refrigeration (for the record I already knew this) and much more.Although, I caution the reader on keeping fresh meat as she suggests, many of the other recipes for cooking food is fine. I did find that she tended to cook fowl and fish too short for my personal taste. That is the only other exception I would ask that you look closely at.0 of 0 people found the following review helpful. Worth reading.By LadyLocustI would recommend this book keeping in mind the time in history when it was written. A significant portion was allocated to the prices of various cuts of meat and how long to boil each of those various cuts. Neither the price nor the boiling for an hour and a half method of preparation are relevant today. Very generally speaking, certain portions of meat are less costly, but even the cuts are different today then they were then. Aside from the cooking, there was some valuable information that is just as sound today as it was then. That is the portion I appreciated most.

Why buy our paperbacks? Standard Font size of 10 for all books High Quality Paper Fulfilled by Amazon Expedited shipping 30 Days Money Back Guarantee BEWARE of Low-quality sellers Don't buy cheap paperbacks just to save a few dollars. Most of them use low-quality papers binding. Their pages fall off easily. Some of them even use very small font size of 6 or less to increase their profit margin. It makes their books completely unreadable. How is this book unique? Unabridged (100% Original content) Font adjustments biography included Illustrated About The American Frugal Housewife by Lydia Maria Francis Child Along with simply written recipes for roasting a pig and preparing corned beef, hasty pudding, carrot pie, buffalo tongue, and scores of other dishes, this fascinating book, with its lively and direct style, also offered 19th-century readers suggestions for treating chilblains and dysentery, cleaning white kid gloves, educating one's daughters, and much more. Published in 1829 in Boston, The Frugal Housewife was written by one of the foremost female writers and social reformers of her time, Lydia Maria Child. The charming collection of recipes and tips for homemakers of the early 19th century emphasized frugality in the kitchen and self-reliance in the household;making this work wildly popular in its day. It had over 35 printings, and much of the content is relevant in modern times. Frugal Housewife was the first American cookbook to replace Amelia Simmonsr's American Cookery, still in use since publication in 1796, and it was also the first to emphasize the themes of thrift and economy in the kitchen.Considered a "must-read" for every new bride in the 19th century, The Frugal Housewife offered simple recipes such as Apple Pie, Corned Beef, Gingerbread, Indian Cakes, and Pie Crust, but also included advice on parenting, cleaning, and medical problems, plus numerous practical, Yankee-straightforward tips for saving money. Not just a collection for antiquarians, The Frugal Housewife is a fascinating work by a prolific author that will delight modern-day readers with its quaint but still usable recipes and tips.

About the AuthorLydia Maria Francis Child (February 11, 1802 ndash; October 20, 1880) was an American abolitionist, women's rights activist, opponent of American expansionism, Indian rights activist, novelist, and journalist and Unitarian.

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